

# BRISBANIA BEFORE & AFTER SCHOOL & VACATION CARE CENTRE INC

## Health

**Title: Diabetes Policy**

**Status:** Current

**Date of Origin:** March 2013

**Policy No:** P 32

**Last Review:** Nov 2021

### **POLICY STATEMENT**

Diabetes is one of the most common chronic diseases of childhood. To ensure that enrolled children with diabetes and their families are supported, while children are being educated and cared for by the service.

Brisbania Before & After School & Vacation Care Centre is committed to provide a safe and healthy environment that is inclusive for all children, staff, visitors and family members that are diagnosed with diabetes. The aim of this policy and procedure is to minimize the risk of a diabetic medical emergency whilst at our service, also ensuring that staff members are able to support the management of the illness.

#### **Strategies:**

All certified supervisors will have a current Senior First Aid Certificate and will be familiar with what diabetes entails.

Educators will form a partnership between the centre and the child's family with set responsibilities for the effective care for a child with diabetes.

#### **Family, parent or guardian provides the centre with:**

1. Details of the child's health problem, treatment, medications and allergies.
  2. Doctor's name, address and phone number, and a phone number for contact in case of an emergency.
  3. A Diabetes Care Plan prior to enrolment which should include:
    - I. Times and frequency of when the child is to have their finger prick, urinalysis glucose or ketone monitoring. Families will supply the blood glucose testing machine and strips.
    - II. What meals and snack are required including food content, amount and time
    - III. What activities and exercise the child can or cannot do
    - IV. Any special provisions needed for inclusion on excursions
    - V. An up to date photograph of the child attached to the action plan
- In any medical emergency involving a child with diabetes, the centre staff should immediately dial 000 for an ambulance and notify the family in accordance with the Regulation and guidelines on emergency procedures, and administer first aid or emergency

medical aid according to the child's Diabetes First Aid or Emergency Medical Plan, or on a doctor's instruction's.

- Ensure the family supplies all necessary glucose monitoring and management equipment.
- Ensure there are glucose foods or sweetened drinks readily available to treat hypoglycaemia (low blood glucose), eg. Glucose tablets, glucose jelly beans, Lucozade.
- If a child has had an episode of hypoglycaemia and needed glucose food or drink, also provide the child with a low GI food to help maintain blood glucose levels, eg. Milk, raisin toast, yoghurt, fruit.
- Ensure a location in the centre for privacy for the child to do their own glucose monitoring or insulin administration if the child is able.
- Ensure availability of meals, snacks and drinks that are appropriate for the child and are in accordance with the child's Diabetes Care Plan.
- Ensure opportunity for the child to participate in any activity, exercise or excursion that is appropriate and in accordance with their Diabetes Care Plan.

#### Diabetes Australia

A child with diabetes can do everything their peers do, but because of their diabetes they may need:

- Special consideration
- Extra supervision
- Extra toilet privileges
- To eat at additional times, especially with sport
- Extra consideration if unwell
- Special provisions for privacy if testing blood glucose levels and injecting insulin in the centre if necessary.

#### Considerations

National Law: Section 169,172, 173- 174, 225

National Regulations: 90-91, 92 - 96,

NQF: 2.1.1; 2.1.4. 2.3.2

Diabetes Australia: [www.diabetesaustralia.com.au](http://www.diabetesaustralia.com.au)

Health & Safety in Children's Centres: Model Policies & Practices 2003

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